



# Mount Nun 7135 M Expedition

Glittering with its snow-capped head, Mount Nun shines bright at the height of 7135 meters among the nearby mountain ranges in the **Ladakh Mountain Range** and suru valley of Kargil.

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**Kahlur Adventures India**  
Founder Pankaj Chandel





# Index

## SPECIALS

- 01 About Mount Nun Expedition
- 02 Climbing Route of Mount Nun
- 03 Highlights of Mount Nun
- 04 AIM of The Expedition
- 05 Route Details and Challenges

## FEATURES

- 06 DAY - Wise Itinerary
- 07 Personal Equipment List for Nun Expedition
- 08 Central Equipment List for Nun Expedition
- 09 Medical List
- 10 Ration List

## EXCLUSIVES

- 11 Documentation Required for Mount Nun Permit
- 12 Inclusions or Exclusions
- 13 Price in USD or INR
- 14 Preparation
- 15 Question/ Answer
- 16 Kahlur Adventures India

# About Nun Peak

Glittering with its snow-capped head, Mount Nun shines bright at the height of 7135 meters among the nearby mountain ranges in the Zaskar range and suru valley of Ladakh. The enormous Mt Nun stands right next to its twin peak Mt Kun 7077 M, the former being the tallest Himalayan mountain peak in Ladakh Climbing Mt Nun's demanding peaks is not an easy feat and requires prior experience and familiarity with mountaineering equipmen



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Mount Nun Kun Massif peaks in India shares a snowy plateau that stretches 4 kilometers between Mt Nun and Mt Kun. This massif is in the Kargil district and is located in Suru valley about 250 km from Srinagar and from Leh to Kargil 216Km. The exciting part of the Mount Nun expedition is that it gives you an idea of how it would be to climb up some of the highest mountain peaks in the world even Mount Everest (8849 M).

The first-ever expedition to the majestic Mount Nun was done in 1953 by Pierre Vittoz and pioneering female mountaineer Claude Kogan. Today, travel may or may not be much easier depending upon the destination you choose (i.e., Mt. Everest, the Amazon rainforest), how you plan to get there (tour bus, cruise ship, or oxcart), and whether or not you decide to "rough it" (see extreme tourism and adventure travel).



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# Climbing Route - North West

North Face climb, Mount Nun climb from the North sharp ridge side. It requires Minimum 12 Day from Basecamp - Summit - Basecamp.



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**SUMMIT MOUNT  
NUN 7135 M**

**CAMP 03 - 6440 M**

**CAMP 02 - 5992 M**

**CAMP 01 - 5470M**

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# Road Journey Route

Delhi – Leh Ladakh – Kargil – Tangol – Basecamp – Camp 01 – Camp 02 – Summit Camp – Summit Mt Nun  
7135M – Camp 01 – Base camp – Kargil – Leh Ladakh – Delhi

DELHI



LEH



KARGIL



TANGOL

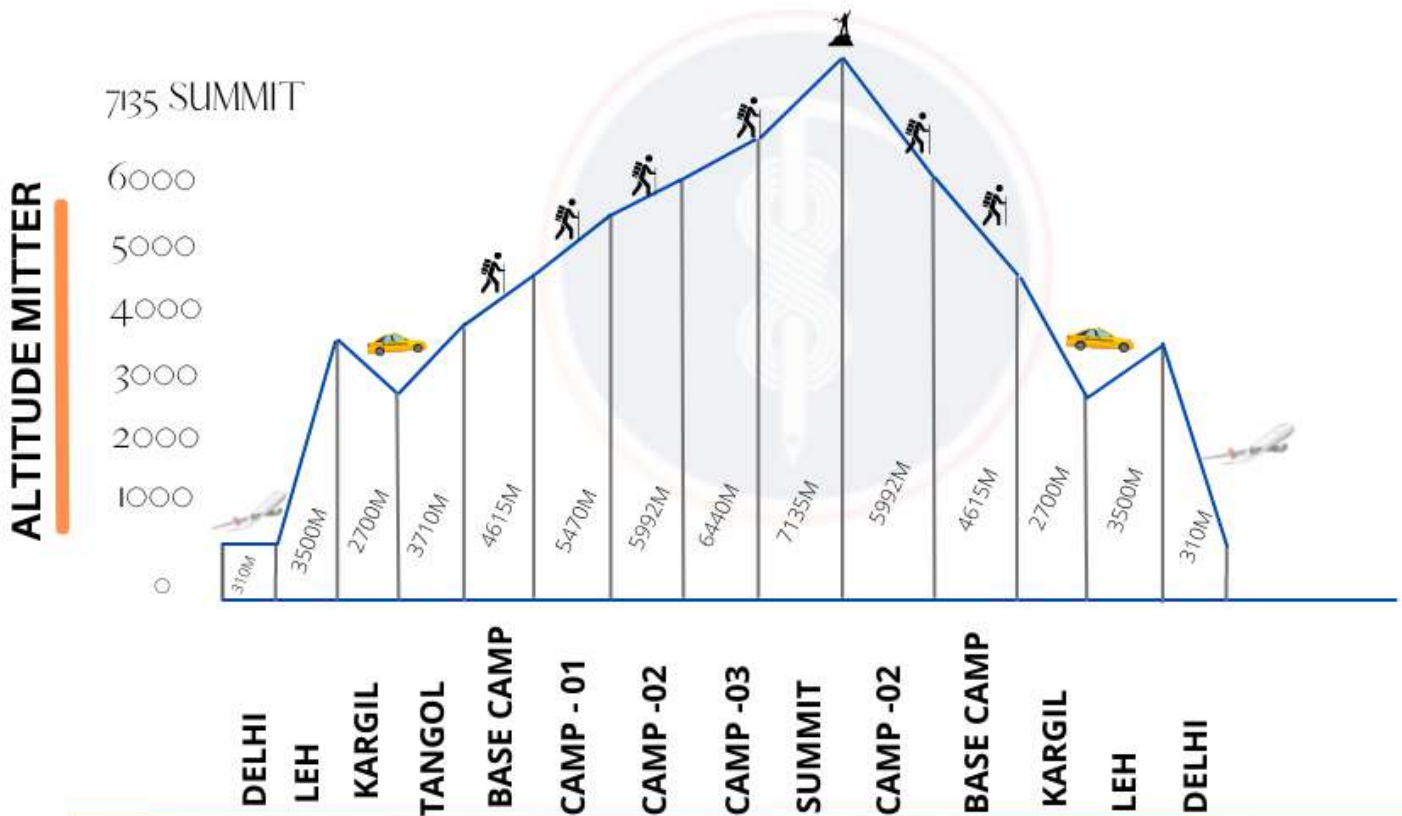


BASECAMP



# ALTITUDE CHART OF MOUNT NUN

ALTITUDE CHART: MOUNT NUN 7135M EXPEDITION INDIA



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# HIGHLIGHT OF MOUNT NUN 7135 M

Country/ Region	India/ Leh Ladakh UT - Kargil
Altitude	7135M / 23408.79FT
Duration	26 Days Minimum (Delhi – Delhi)
Climbing Face	North Face
Grade	Difficult/ Technical
Best Time to Climb Mt Nun	July to September
Trekking Km	60 - 65 KM
Coordinates	33.9817° N, 76.0231° E
Mountain Range	Zaskar range
Last ATM place	Kargil
Nearest Airport	Leh Airport and Srinagar Airport
Road head	Tangol (Kargil) last village
Mobile connectivity In mount Nun expedition India	Only for Postpaid JIO or BSNL network till the Tangol village or you get a little signal in some point of Base camp and camp 02
Duration of Base camp	01 Days (7-8 hrs Trek)
Local police station contact	01985 – 233948 (Kargil)
Local hospital contact	01985- 232213 (Kargil)
Local guide contact for Nun expedition	+91 8588846600 (Call + WhatsApp) 24*7 work
Note	Satellite phone is prohibited in this area



# AIM OF THE EXPEDITION

**1** Climb above the 7000 M peak in Indian Himalayas

**2** Training expedition for 14\*8000 M expedition

**3** Motivate the young people "Say no to drugs"

**4** Holding the flag of your country on the top of Mount Nun 7135 M

**5** Ski down from Mount Nun

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# DAY - Wise Itinerary

**22 NIGHTS 23 DAYS (DELHI TO DELHI)**

## **DAY 1 – WELCOME TO DELHI | ELEVATION: 300M**

Welcome to Incredible India, Our airport representative will receive you at the airport and take you to a luxurious hotel pre-booked by Kahlur Adventures to stay for the night

## **DAY 2- INDIAN MOUNTAINEERING FOUNDATION**

Get a brief about the expedition from the Director of IMF, a Liaison officer and get all your paperwork done.

## **DAY 03 – DELHI TO LEH | ELEVATION: 3524 M**

catch a flight from Delhi to Leh. The views of the snow-covered Himalayas from the flight are a sight to be held.

## **DAY 04 – A DAY IN LEH | ELEVATION: 3524 M**

visit the Monasteries of the Indus Valley. You will visit Hemis, Thiksey, and Shey, some of the most important monasteries in the union territory of Ladakh

## **DAY 05 – LEH TO KARGIL | ELEVATION: 2676 M**

Today you will be driven to Kargil after breakfast which is a 230 km drive with Kahlur Adventures' team leader. The drive will continue and you will come across barren mountains and wilderness.

## **DAY 06 – KARGIL TO TANGOL | ELEVATION: 3700 M**

After all the document's formalities will be done with the local administration, and Kahlur Adventures' tour leader will make the process hassle-free for you with their assistance.





# DAY - Wise Itinerary

## **DAY 07 – TANGOL TO BASE CAMP 4600 M**

Today's trek will take 5 to 7 hours and you will climb through moraine on your way to the base camp.

## **DAY 08 – DAY 19 – BASE CAMP TO SUMMIT TO BASE CAMP**

The next 12 days are dedicated to Summit to Mount Nun and returning to the base camp

## **DAY 20 – BASE CAMP TO TANGOL TO KARGIL**

## **DAY 21 – KARGIL TO LEH**

## **DAY 22 – LEH – DELHI**

## **DAY 23 – DEPARTURE FROM DELHI**





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# PERSONAL EQUIPMENT LIST



- 1 Helmet
- 2 Paded Harness
- 3 Head Torch
- 4 Jumar
- 5 Srew Carabinner
- 6 Plain Carabiner
- 7 Prusic Cord
- 8 Sunglasses
- 9 Gaiters
- 10 Tape Sling
- 11 Descender
- 12 Feather Jacket
- 13 Windproof Set
- 14 Thermos Flask
- 15 Water Bottel
- 16 Water Proof Gloves
- 17 Carrymat

- 18 Ice Axe (Walking)
- 19 Snow Shoes
- 20 Mittons
- 21 Crampons
- 22 Sleeping Bag
- 23 Sleeping Bag Inner
- 24 Sun Cream

# CENTRAL EQUIPMENT LIST

ITS DEPAND ON THE TEAM  
SIZE, WE ARE MAKING THIS  
LIST FOR **04 CLIMBING**  
MEMBERS

- 1 DYNAMIC ROPE (50M) - 06
- 2 YELLOW PP Rope 08MM - 22
- 3 SNOW STAKES- 17
- 4 ROCK PITONS - 15
- 5 ICE PITTON - 30
- 6 SCREW CARABINERS - 20
- 7 PLAIN CARABINERS - 20
- 8 ROCK HAMMER - 02
- 9 PULLEY - 02
- 10 Avalanche Victim Detector - 01
- 11 GPS - 01
- 12 WALKIE TALKIE - 02
- 13 North Face Climbing TENTS - 02
- 14 KITCHEN TENT - 01
- 15 TOILET TENT - 01
- 16 MESS TENT - 01





# MEDICAL EQUIPMENT LIST



- 1 Adhesive tape
- 2 Eye shield or pad
- 3 Duct tape
- 4 Plastic bags
- 5 Petroleum jelly
- 6 Safety pins
- 7 Scissors and tweezers
- 8 Hand sanitizer
- 9 Antibiotic ointment
- 10 Antiseptic solution and towelettes
- 11 Eyewash solution
- 12 Thermometer
- 13 Oxygen cylinder with Kit
- 14 First-aid manual
- 15 Waterproof matches
- 16 Lighter

- 1 Diamox
- 2 Volini
- 3 Brufen
- 4 Antibiotic Ointment
- 5 Cotton
- 6 Water Proof Bandaids
- 7 Dettol
- 8 Betadine Solution
- 9 ORS sachets
- 10 Eno
- 11 Cetirizine
- 12 Avomine
- 13 Vomistop
- 14 Disprin
- 15 Cough Syrup
- 16 Combliflam

# RATION LIST



Food is one of the most important parts of the expedition, we at @kahluradventures have experienced cooking staff who working in the Himalayas for many years.

## BREAKFAST

- 1 Porridge
- 2 Granola and muesli
- 3 Pitta bread
- 4 Granola & Snack Bars
- 5 Sandwiches and Wraps
- 6 Egg and Omelette
- 7 Tea, Coffee, Milk
- 8 Stuffed Paratha
- 9 Bread toast

# RATION LIST



## LUNCH

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- 1 Veg Biryani
- 2 Rajma chawal
- 3 Chana masala
- 4 Paneer butter masala
- 5 Kadhi chawal
- 6 Dal makhani
- 7 Mix Vegetable
- 8 Chana dal
- 9 Bhindi masala
- 10 Curry Rice
- 11 Indian Roti
- 12 Tea, Coffee, Milk

# RATION LIST



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## Dinner

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- 1 Chicken Biryani
- 2 Palak Paneer
- 3 Dal
- 4 Vegetable
- 5 Potato Dal
- 6 Dal makhani
- 7 Mix Vegetable
- 8 Matar Paneer
- 9 Papad
- 10 Soup
- 11 Mushroom
- 12 Tin Chicken, fish
- 13 Tin Fruit
- 14 Tea, Coffee, Milk

# RATION LIST



## SNACKS

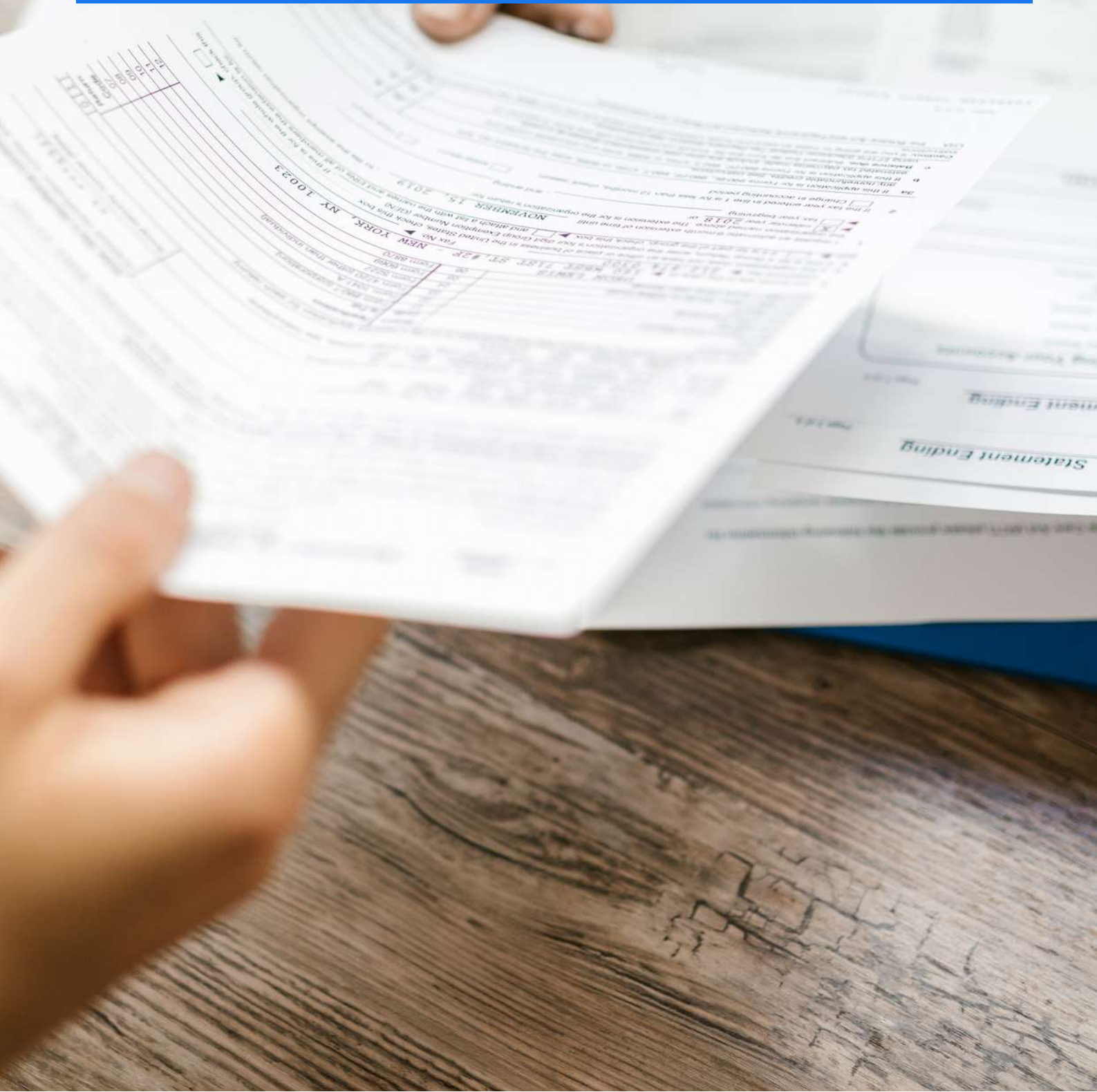
- 1 Dried Fruits, Nuts & Seeds
- 2 Hot and clod drinks
- 3 Tea, Coffee, Milk
- 4 Maggi
- 5 Sweets
- 6 Soup

## HIGH ALTITUDE FOOD LIST

We at Kahlur Adventures provides the ready to eat food (MTR) for the after basecamp climb.



# DOCUMENTATION REQUIRED FOR MOUNT NUN PERMIT





# DOCUMENTATION REQUIRED FOR MOUNT NUN PERMIT

## DOCUMENTATION FOR MOUNT NUN

For International Climbers

- Mountain climbing insurance
- (IMF) Indian Mountaineering Foundation permission
- Peak booking fee
- Copy of Passport and visa
- Biodata form
- Local adventure company in India
- Pre-trekking/climbing experience
- Liaison officer
- Need to visit the IMF office before and after the expedition

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# DOCUMENTATION REQUIRED FOR MOUNT NUN PERMIT

## DOCUMENTATION FOR MOUNT NUN

For Indian Climbers

- Basic/ Advance Mountaineering course
- Mountain trekking insurance
- Permission of the Indian Mountaineering Foundation
- One govt id card
- Biodata form

# INCLUSIONS AND EXCLUSIONS





# **INCLUSIONS**

- **05% Govt GST**
- **Delhi – Leh – Delhi flight tickets**
- **Forest permits/camping charges**
- **High altitude climbing Sherpa**
- **Peak booking fee**
- **Porter for climbers' luggage maximum 40 Kgs per person up to base camp**
- **Pickup and drop at Indira Gandhi International Airport new Delhi India**
- **Indian mountaineering foundation permit/peak booking fee**
- **liaison officer fee (Including food & transportation)**
- **Transport (cab, tempo traveler)**
- **Meal as per mentioned in the travel program (only veg)**
- **Kitchen staff and helpers**
- **Kahlur adventures basecamp manager**
- **Hotel/Guest house booking as per program**
- **Camping equipment's (Tents, mattress, light & pillow)**
- **All technical climbing equipment (Fix rope, snow stag, carabiners, Ice pitton, etc.)**
- **High altitude ready to eat meals**
- **Emergency use walkie talkie**
- **Certified mountain guides & climbing Sherpa**
- **First aid kit (Carry by Guides)**
- **Oxygen cylinders in every camp sight**
- **Stand by car, jeep at Tango village in case of any emergency**
- **Certificate of accomplishment**
- **All permits and expedition approval fees**
- **Insurance of all the climbing Sherpa, mountain guides and kitchen staff**
- **Trekking and climbing map**
- **Individual North face tent in Base Camp for each climber**
- **Weather forecast report from the Indian Meteorological department**
- **Solar charger at the basecamp**
- **Kahlur Adventure Kit ( T-shirt, sun cap, water bottle)**

# **EXCLUSIONS**

- **Personal Insurance**
- **Any International flight tickets**
- **Personal Sherpa**
- **Personal climbing equipment's**
- **Personal sleeping bag**
- **Documentary filming, camera, and drone permit fee**
- **Toiletry Items and personal medicine**
- **Any staff tipping**
- **Medical and emergency rescue evacuation costs**
- **Any thig that not mentioned in the Inclusion**

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## Mount Nun 7135M

Kahlur Adventures, India



### Activity Level

7135M Technical Climb  
Kahlur-Rating-Scale



### Tour Type

Expedition



### Country Region

India/Ladakh UT



### Best Time

June – July – August  
September



### Group Size

09 max



### Contact

+91 8588846600  
info@kahluradventures.com

# PRICE IN INR ₹ 176,000/- INR

LEH – LEH 19 Nights 20 Days

08 July – 27 July 2023

23 July – 11 August 2023

10 August – 29 August 2023

# PRICE IN \$ 4250/- USD

Delhi – Delhi 22 Nights – 23 Days

06 July – 28 July 2023

21 July – 12 August 2023

08 August – 30 August 2023

Fix departures 2024 updated on website

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# PREPARATION IS THE KEY

## PREPARATION FOR MOUNT NUN 7135 M

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### 01 BUILD THE RIGHT TRAINING PLAN FOR YOU

Build the proper training chart for your daily routine, and follow it strictly.

### 02 MAKE SURE YOU HAVE RIGHT CLOTHING

Kahlur Adventures share the clothing check list once the booking on process

### 03 START CLIMBING 5000 M, 6000 M

To climb above 7000 M peak make sure you properly acclimatize your body.

### 04 WALK OF TRAIL

For body fitness and increase the stamina start walking on trails

### JUMARING AND KNOT PRACTISE

Start doing basic knot practice at home.

### 10

### YOGA AND MEDITATION

Start yoga and meditation at home of daily basic to increase your inner strength

### 15



**Q:** Who's the expedition organizer/company? How many years have they been operating on Mount Nun?

**A:** Company Name (Kahlur Adventures India) We are operating an expedition to Mount Nun for the last 03 years.

**Q:** Guide/leader Have they been to Mount Nun before and if so, how many times?

**A:** All our expeditions were led by experienced climbing Sherpa, Summit more than 5 times mt. Nun.

**Q:** Do you make your own way to Mount Nun base camp or is there a fixed itinerary?

**A:** We have a fixed itinerary to reach the basecamp of Mount Nun

**Q:** Do you take your guest to summit any other peak nearby area for better acclimatization?

**A:** No, we make the itinerary so smooth and give many acclimatization days during the trek, but if the team wants to summit any other peak before Mount Nun we will arrange that at extra cost.

**Q:** What is the ratio of Sherpa if there are three guests?

**A:** Three climbing Sherpas + one basecamp in charge.

**Q:** What's the experience of fellow team members?

**A:** for Indians it required a Basic Mountaineering Course and for international climbers good Knowledge of equipment.

**Q:** What food is provided in the Mountains? Do we cook for ourself at all?

**A:** We provide fresh food at the basecamp, made by our kitchen team, and in higher camp We provide you MTR (Ready to eat food) that you and the climbing Sherpa will make itself.

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**Q:** What are the arrangements at Basecamp?

**A:** Single tent for every climber, 01 Mess tent 01 Kitchen tent, Guide tent, and Toilet tent.

**Q:** Do the Climbing Sherpas speak English or any other language?

**A:** Yes, all our climbing Sherpas speak or understand basic English.

**Q:** How many Indian Guides are there on the team?

**A:** We sent one or two Indians (One company guide and one local guide)

**Q:** Have the guides worked on Indian Himalayas and if so how high and how many times?

**A:** All our Sherpas working in the Indian Himalayas for many years, they also work in Nepal Himalayas (Everest Region).

**Q:** Who's providing oxygen?

**A:** Mount Nun expedition there is no requirement for extra oxygen cylinders although we do keep one in basecamp and one in camp 01 for any emergency situation.

**Q:** What is the protocol if anyone gets ill on the hill?

**A:** All our climbing Sherpa and guide team have done their advanced first aid course and are good to provide first aid, But in case the situation is more critical we start to descend down ASAP.

**Q:** Does the team carry a high-altitude first aid pack and survival kit?

**A:** Yes, all the team members carry the first aid pack and survival kit.

**A:** Do the Sherpas know how to give injections?

**Q:** Yes, they are well-trained for it.

**Q:** Is there a Base Camp manager who will be available by radio 24hrs for the summit phase?

**A:** Yes, we do have an extrasolar charger to keep all the radios on 24 hrs.

**Q:** What weather forecasting do they use? And how often do they get an update?

**A:** We take the weather forecast from [www.mountain-forecast.com](http://www.mountain-forecast.com), and if there is any major change in weather our local team from Ladakh informed us by sending a special team or person.

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# ABOUT KAHLUR ADVENTURES

Namaste from India. India is an adventure at every step. The diverse culture, the varied topography of the Himalayas, Gangetic plains, rivers and ocean, deserts hills, and forests all combine to offer unlimited adventure possibilities. Welcome to India with "Kahlur Adventures". Kahlur Adventures is an adventure travel community in India. We specialize in Incredible India tours with unique experimentation tours, and logistic support for Mountain climbing expeditions in the Indian Himalayas as well as other parts of the world. Kahlur explored new routes, and places, experimenting with variations in Indian travels. Kahlur Adventures is committed to providing the best and beyond possible services for our clients in a culturally enriching and safe environment. With local knowledge and international travel connection, we provide a high-quality range in our Itineraries and operations. We have young and trained staff to provide the ultimate and truly authentic 'Incredible India' experience.

## THE MOUNTAINS OF INDIA

"Mountains are not stadiums where I satisfy my ambition to achieve, they are the cathedrals where I practice my religion." **Anatoli Boukreev**



### Climb Above 5000M

Moderate peaks for climbing  
in India



### Climb Above 6000M

Semi technical peaks for  
climbing in India



### Climb Above 7000M

The fully technical peaks for  
climbing in India

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*Thank You*

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