



# Mount Nun 7135 M

## Climb 2026

### Fully Guided Expedition

Glittering with its snow-capped head, Mount Nun shines bright at the height of 7135 meters among the nearby mountain ranges in the Zaskar range and Suru valley of Ladakh. The enormous Mt Nun stands right next to its twin peak Mt Kun 7077 M, the former being the tallest Himalayan mountain peak in Ladakh. Climbing Mt Nun's demanding peaks is not an easy feat and requires prior experience and familiarity with mountaineering equipment.

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**Kahlur Adventures India**  
Founder Pankaj Chandel





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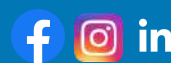


# About Nun Peak

Glittering with its snow-capped head, Mount Nun shines bright at the height of 7135 meters among the nearby mountain ranges in the Zaskar range and suru valley of Ladakh. The enormous Mt Nun stands right next to its twin peak Mt Kun 7077 M, the former being the tallest Himalayan mountain peak in Ladakh Climbing Mt Nun's demanding peaks is not an easy feat and requires prior experience and familiarity with mountaineering equipment



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Mount Nun Kun Massif peaks in India shares a snowy plateau that stretches 4 kilometers between Mt Nun and Mt Kun. This massif is in the Kargil district and is located in Suru valley about 250 km from Srinagar and from Leh to Kargil 216Km. The exciting part of the Mount Nun expedition is that it gives you an idea of how it would be to climb up some of the highest mountain peaks in the world even Mount Everest (8849 M).

The first-ever expedition to the majestic Mount Nun was done in 1953 by Pierre Vittoz and pioneering female mountaineer Claude Kogan. Today, travel may or may not be much easier depending upon the destination you choose (i.e., Mt. Everest, the Amazon rainforest), how you plan to get there (tour bus, cruise ship, or oxcart), and whether or not you decide to "rough it" (see extreme tourism and adventure travel).



# Climbing Route

North Face climb, Mount Nun climb from the North sharp ridge side. It requires Minimum 12 Day from Basecamp - Summit - Basecamp.



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# Road Journey Route

Delhi – Leh Ladakh – Kargil – Tangol – Basecamp – Camp 01 – Camp 02 – Summit Camp – Summit Mt Nun  
7135M – Camp 01 – Base camp – Kargil – Leh Ladakh – Delhi

HOME



LEH



KARGIL



TANGOL

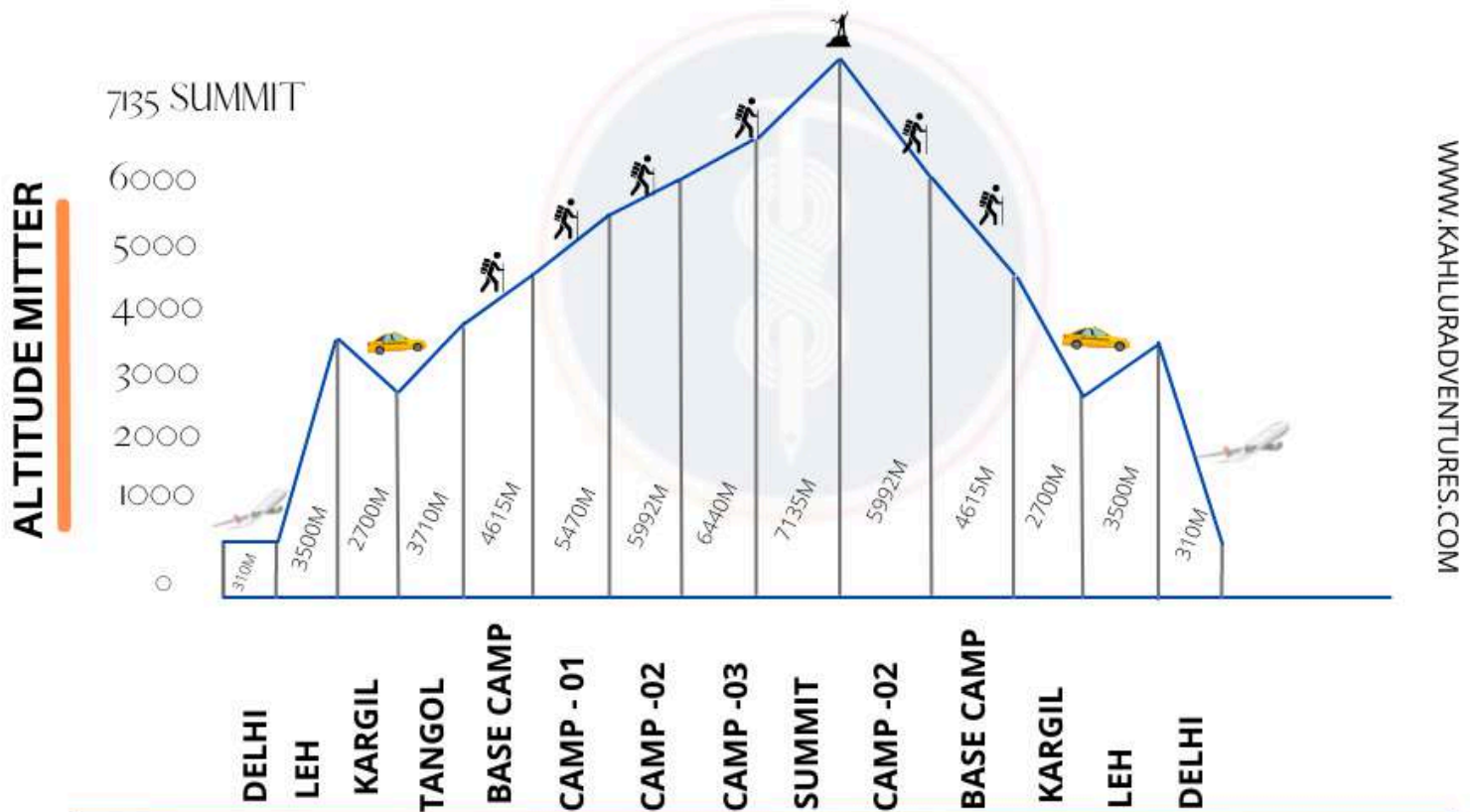


BASECAMP



# ALTITUDE CHART OF MOUNT NUN

## ALTITUDE CHART: MOUNT NUN 7135M EXPEDITION INDIA



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# HIGHLIGHT OF MOUNT NUN 7135 M

## TOUR OVERVIEW :

Name of the Expedition	Mount Nun 7135M
Region	Kargil/Ladakh
Expedition Grade	Technical
Trek Distance	32 KM
Duration of Expedition	22 Nights 23 Days
Pickup Point	New Delhi IGI Airport
Drop Point	New Delhi IGI Airport
Pick Up Timing	As per the flight
Drop Timing	As per the flight
Guide No	+91 8588846600
Travel Route	Delhi - Leh - Kargil - Tangol (Basecamp) - Summit Mount Nun -
Guides Services	Experienced climbing Sherpa



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# AIM OF THE EXPEDITION

**1**

**Climb above the 7000 M peak in Indian Himalayas**

**2**

**Training expedition for 14\*8000 M expedition**

**3**

**Motivate the young people "Say no to drugs"**

**4**

**Holding the flag of your country on the top of Mount Nun 7135 M**

**5**

**Self Achievement**

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# SHORT ITINERARY

**Day 01-** Welcome to Delhi | Elevation: 300M

**Day 02-** Visit Indian Mountaineering Foundation (IMF) in Delhi

**Day 03-** Delhi to Leh | Elevation: 3524 M

**Day 04-** A day in Leh | Elevation: 3524 M

**Day 05-** Leh to Kargil | Elevation: 2676 M

**Day 06-** Kargil to Tangol | Elevation: 3700 M

**Day 07-** Tangol to Base Camp | Elevation: 4600 M

**Day 08- Day 19** – Base Camp to Summit Mt. Nun 7135M – Base Camp

**Day 20-** Base Camp to Tangol to Kargil

**Day 21-** Kargil to Leh

**Day 22-** Leh to Delhi

**Day 23-** Departure from Delhi

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# DAY - WISE ITINERARY

## DAY 01 ARRIVE IN DELHI

Arrive Delhi airport, meet our representative at the airport, overnight in Delhi Hotel.

## DAY 02 BRIEFING AT INDIAN MOUNTAINEERING FOUNDATION DELHI

Morning drive to IMF office for briefing and short paper work, Overnight in Delhi Hotel

## DAY 03 DELHI - LEH

Morning our cab will drop you at Delhi Airport, Book your morning flight to Leh

## DAY 04 ACCLIMATIZATION DAY HIKE AND LEH CITY TOUR

Full day tour in Leh city, and evening free for shopping.

## DAY 05 LEH - KARGIL

Morning after breakfast drive to Kargil 216 Km, Evening our team do the paper work with local govt authorities, overnight in Kargil Hotel.

## DAY 06 KARGIL - TANGOL

Morning after breakfast drive to Tangol 75Km, Overnight in camp sight or Guest House.



# Day - Wise Itinerary

## DAY 07 TREK TO NUN BASE CAMP

Full day trek to the Mount Nun Basecamp,  
Overnight in Kahlur Adventures Expedition tents.

## DAY 08 TO DAY 19 CLIMBING PERIOD

Next 12 Days are for climbing the Mount Nun 7135  
M and come back to basecamp.

## DAY 20 BASE CAMP - TANGOL - KARGIL

Trek down from Basecamp to Tangol and Drive  
back to Kargil.

## DAY 21 KANGIL TO LEH

Morning drive back to Leh.

## DAY 22 LEH TO DELHI FLIGHT

Morning flight to Delhi, and go for IMF briefing,  
later check in to the hotel for overnight stay.

## DAY 23 DEPARTURE FROM DELHI

After having your breakfast at the hotel, you will  
head to the airport for your flight back home.





# AFTER BASECAMP PLAN

Climbing days (including rest days and days for contingencies) Base camp (4,600m / 15,091ft) to Camp 1 (5,420m / 17,782ft, 5-6 hours) The route involves climbing scree slopes and rocky moraine before reaching a glacier. Once we cross the glacier, we will use around 2900m of fixed lines to climb and negotiate heavily crevassed section. We will establish Camp 1 on a vast snow plateau.

## **Camp 1 (5,420m / 17,782ft) to Camp 2 (6,100m / 20,013ft, 6+ hours)**

We will first cross the vast snow plateau to reach the base of the climb. From here the route involves mixed climbing on snow, ice and rock. You will use fixed lines all the way to reach Camp 2 on an exposed ledge (It is the spot), but can be a bit windy or a crevassed col.

## **Camp 2 (6,100m / 20,013ft) to Camp 3 (6,490m / 21,292ft, 4+ hours)**

Everyone needs to rope up and use fixed lines on some sections to negotiate crevasses. The climb is quite easy and short depending on the condition, as the route changes almost every year. Camp 3 is situated on a small plateau.

## **Summit day (7,135m / 23,409ft, 10+ hours)**

We will be doing an alpine start for the summit. It involves climbing a steep slope (450m approx 60° - 70°) of snow and ice and tricky rock section (150m approx) below the summit ridge. Again, we will be using fixed lines all the way. The summit view is truly spectacular. After summiting, we will descend back to Camp 3 or as far as possible to the lower camps – e.g. Camp 2, depending on how everyone's feeling so as just to shorten the next days descend. The next day, we will descend all the way to the Base Camp.

- **Guides: 01 Guide to 02 members for climbing**
- **One Kahlur Adventures basecamp manager**






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# PERSONAL EQUIPMENT LIST





- 1 Helmet
- 2 Paded Harness
- 3 Head Torch
- 4 Jumar
- 5 Srew Carabinner
- 6 Plain Carabiner
- 7 Prusic Cord
- 8 Sunglasses
- 9 Gaiters
- 10 Tape Sling
- 11 Descender
- 12 Feather Jacket
- 13 Windproof Set
- 14 Thermos Flask
- 15 Water Bottel
- 16 Water Proof Gloves
- 17 Carrymat

- 
- |    |                    |
|----|--------------------|
| 18 | Ice Axe (Walking)  |
| 19 | Snow Shoes         |
| 20 | Mittons            |
| 21 | Crampons           |
| 22 | Sleeping Bag       |
| 23 | Sleeping Bag Inner |
| 24 | Sun Cream          |





# CENTRAL EQUIPMENT LIST

ITS DEPEND ON THE TEAM  
SIZE, WE ARE MAKING THIS  
LIST FOR **04 CLIMBING**  
MEMBERS

1	DYNAMIC ROPE (50M) - 06
2	YELLOW PP Rope 08MM - 22
3	SNOW STAKES- 17
4	ROCK PITONS - 15
5	ICE PITTON - 30
6	SCREW CARABINERS - 20
7	PLAIN CARABINERS - 20
8	ROCK HAMMER - 02
9	PULLEY - 02
10	Avalanche Victim Detector - 01
11	GPS - 01
12	WALKIE TALKIE - 02
13	North Face Climbing TENTS - 02
14	KITCHEN TENT - 01
15	TOILET TENT - 01
16	MESS TENT - 01



# MEDICAL EQUIPMENT LIST



- 
- 1 Adhesive tape
  - 2 Eye shield or pad
  - 3 Duct tape
  - 4 Plastic bags
  - 5 Petroleum jelly
  - 6 Safety pins
  - 7 Scissors and tweezers
  - 8 Hand sanitizer
  - 9 Antibiotic ointment
  - 10 Antiseptic solution and towelettes
  - 11 Eyewash solution
  - 12 Thermometer
  - 13 Oxygen cylinder with Kit
  - 14 First-aid manual
  - 15 Waterproof matches
  - 16 Lighter



- 1 Diamox
- 2 Volini
- 3 Brufen
- 4 Antibiotic Ointment
- 5 Cotton
- 6 Water Proof Bandaids
- 7 Dettol
- 8 Betadine Solution
- 9 ORS sachets
- 10 Eno
- 11 Cetirizine
- 12 Avomine
- 13 Vomistop
- 14 Disprin
- 15 Cough Syrup
- 16 Combliflam

# RATION LIST



Food is one of the most important parts of the expedition, we at @kahluradventures have experienced cooking staff who working in the Himalayas for many years.

## BREAKFAST

- 1 Porridge
- 2 Granola and muesli
- 3 Pitta bread
- 4 Granola & Snack Bars
- 5 Sandwiches and Wraps
- 6 Egg and Omelette
- 7 Tea, Coffee, Milk
- 8 Stuffed Paratha
- 9 Bread toast



# RATION LIST



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## LUNCH

- 1 Veg Biryani
- 2 Rajma chawal
- 3 Chana masala
- 4 Paneer butter masala
- 5 Kadhi chawal
- 6 Dal makhani
- 7 Mix Vegetable
- 8 Chana dal
- 9 Bhindi masala
- 10 Curry Rice
- 11 Indian Roti
- 12 Tea, Coffee, Milk

# RATION LIST



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## Dinner

- 1 Chicken Biryani
- 2 Palak Paneer
- 3 Dal
- 4 Vegetable
- 5 Potato Dal
- 6 Dal makhani
- 7 Mix Vegetable
- 8 Matar Paneer
- 9 Papad
- 10 Soup
- 11 Mushroom
- 12 Tin Chicken, fish
- 13 Tin Fruit
- 14 Tea, Coffee, Milk



# RATION LIST



## SNACKS

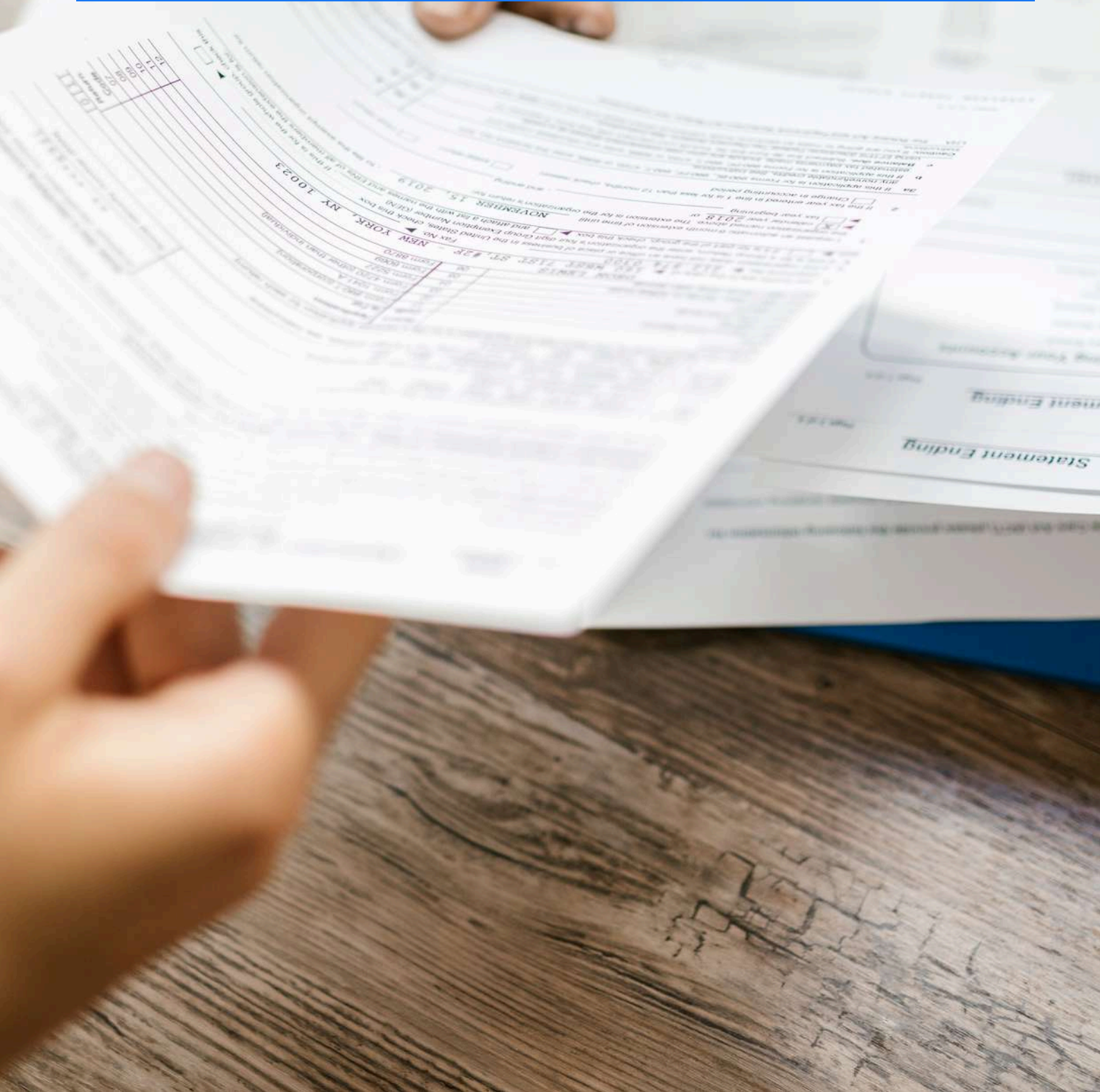
- |   |                            |
|---|----------------------------|
| 1 | Dried Fruits, Nuts & Seeds |
| 2 | Hot and clod drinks        |
| 3 | Tea, Coffee, Milk          |
| 4 | Maggi                      |
| 5 | Sweets                     |
| 6 | Soup                       |

## HIGH ALTITUDE FOOD LIST

We at Kahlur Adventures provides the ready to eat food (MTR) for the after basecamp climb.



# DOCUMENTATION REQUIRED FOR MOUNT NUN PERMIT





# DOCUMENTATION REQUIRED FOR MOUNT NUN PERMIT

## DOCUMENTATION FOR MOUNT NUN

*For International Climbers*

- Mountain climbing insurance
- (IMF) Indian Mountaineering Foundation permission
- Peak booking fee
- Copy of Passport and visa
- Biodata form
- Local adventure company in India
- Pre-trekking/climbing experience
- Liaison officer
- Need to visit the IMF office before and after the expedition

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# DOCUMENTATION REQUIRED FOR MOUNT NUN PERMIT

## DOCUMENTATION FOR MOUNT NUN

For Indian Climbers

- Basic/ Advance Mountaineering course
- Mountain trekking insurance
- Permission of the Indian Mountaineering Foundation
- One govt id card
- Biodata form



# INCLUSIONS AND EXCLUSIONS





# **INCLUSIONS**

- **05% Govt GST**
- **Forest permits/camping charges**
- **High altitude climbing Sherpa**
- **Peak booking fee**
- **Porter for climbers' luggage maximum 30 Kgs per person up to base camp**
- **Pickup and drop off at Delhi International Airport, India**
- **Indian mountaineering foundation permit/peak booking fee**
- **liaison officer fee (Including food & transportation)**
- **Transport (cab, tempo traveler)**
- **Meal as mentioned in the travel program**
- **Kitchen staff and helpers**
- **Kahlur Adventures basecamp manager**
- **Hotel/Guest house booking as per the program**
- **Camping equipment (Tents, mattress, light & pillow)**
- **All technical climbing equipment (Fix rope, snow stake, carabiners, Ice piton, etc.)**
- **High altitude ready-to-eat meals**
- **Emergency use walkie-talkie**
- **Certified mountain guides & climbing Sherpa**
- **First aid kit (Carry by Guides)**
- **Oxygen cylinders in every campsite**
- **Stand by car, jeep at Tangol village in case of any emergency**
- **Certificate of accomplishment**
- **All permits and expedition approval fees**
- **Insurance of all the climbing Sherpa, mountain guides, and kitchen staff**
- **Trekking and climbing map**
- **Individual North Face tent in Base Camp for each climber**
- **Weather forecast report from the Indian Meteorological Department**
- **Solar charger at the basecamp**
- **Kahlur Adventure Kit ( T-shirt, sun cap, water bottle)**
- **Delhi – Leh – Delhi flight tickets**

# **EXCLUSIONS**

- **Personal Insurance**
- **Any International flight tickets**
- **Personal Sherpa**
- **Personal climbing equipment's**
- **Personal sleeping bag**
- **Documentary filming, camera, and drone permit fee**
- **Toiletry Items and personal medicine**
- **Any staff tipping**
- **Medical and emergency rescue evacuation costs**
- **Any thing that not mentioned in the Inclusion**

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## Mount Nun 7135M

Kahlur Adventures, India



### Activity Level

7135M Technical Climb  
Kahlur-Rating-Scale



### Tour Type

Expedition



### Country Region

India/Ladakh UT



### Best Time

June – July – August  
September



### Group Size

09 max



### Contact

+91 8588846600  
info@kahluradventures.com

## EXPEDITION DATE FOR INTERNATIONAL CLIMBERS: (DELHI - DELHI)

08 JULY – 30 JULY 2026

08 AUGUST – 30 AUGUST 2026

PRICE \$ 4235/-Per Person

## EXPEDITION DATE FOR INDIAN CLIMBERS: (LEH - LEH)

10 JULY – 29 JULY

10 AUGUST – 29 AUGUST 2026

PRICE 240000/-INR Per Person

for customized dates we need minimum 4-5 participants

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# PREPARATION IS THE KEY

## PREPARATION FOR MOUNT NUN 7135 M

### 01 BUILD THE RIGHT TRAINING PLAN FOR YOU

Build the proper training chart for your daily routine, and follow it strictly.

### 02 MAKE SURE YOU HAVE RIGHT CLOTHING

Kahlur Adventures share the clothing check list once the booking on process

### 03

#### START CLIMBING 5000 M, 6000 M

To climb above 7000 M peak make sure you properly acclimatize your body.

### 04

#### WALK OF TRAIL

For body fitness and increase the stamina start walking on trails

#### JUMARING AND KNOT PRACTISE

### 05

Start doing basic knot practice at home.

#### YOGA AND MEDITATION

### 06

Start yoga and meditation at home of daily basic to increase your inner strength



- Q:** Who's the expedition organizer/company? How many years have they been operating on Mount Nun?
- A:** Company Name (Kahlur Adventures India) We are operating an expedition to Mount Nun for the last 06 years.
- Q:** Guide/leader Have they been to Mount Nun before and if so, how many times?
- A:** All our expeditions were led by experienced climbing Sherpa, Summit more than 3-4 times mt. Nun.
- Q:** Do you make your own way to Mount Nun base camp or is there a fixed itinerary?
- A:** We have a fixed itinerary to reach the basecamp of Mount Nun
- Q:** Do you take your guest to summit any other peak nearby area for better acclimatization?
- A:** No, we make the itinerary so smooth and give many acclimatization days during the trek, but if the team wants to summit any other peak before Mount Nun, we will arrange that at extra cost.
- Q:** What is the ratio of Sherpa if there are three guests?
- A:** 01 Sherpa for two guests.
- Q:** What's the experience of fellow team members?
- A:** For Indians, it required a Basic Mountaineering Course, and for international climbers, good Knowledge of equipment and prior climbing experience
- Q:** What food is provided in the Mountains? Do we cook for ourselves at all?
- A:** We provide fresh food at the basecamp, made by our kitchen team, and in the higher camp We provide you with MTR (Ready-to-eat food) that you and the climbing Sherpa will prepare yourself.





**Q:** What are the arrangements at Basecamp?

**A:** Single tent for every climber, 01 Mess tent 01 Kitchen tent, Guide tent, and Toilet tent.

**Q:** Do the Climbing Sherpas speak English or any other language?

**A:** Yes, all our climbing Sherpas speak or understand basic English.

**Q:** How many Indian Guides are there on the team?

**A:** We sent one or two Indians (One company guide and one local guide)

**Q:** Have the guides worked on Indian Himalayas and if so how high and how many times?

**A:** All our Sherpas working in the Indian Himalayas for many years, they also work in Nepal Himalayas (Everest Region).

**Q:** Who's providing oxygen?

**A:** Mount Nun expedition there is no requirement for extra oxygen cylinders although we do keep one in basecamp and one in camp 01 for any emergency situation.

**Q:** What is the protocol if anyone gets ill on the hill?

**A:** All our climbing Sherpa and guide team have done their advanced first aid course and are good to provide first aid, But in case the situation is more critical we start to descend down ASAP.

**Q:** Does the team carry a high-altitude first aid pack and survival kit?

**A:** Yes, all the team members carry the first aid pack and survival kit.

**Q:** Is there a base camp manager who will be available by radio 24 hours for the summit phase?

**A:** Yes, we do have an extrasolar charger to keep all the radios on 24 hrs.

**Q:** What weather forecasting do they use? And how often do they get an update?

**A:** We take the weather forecast from [www.mountain-forecast.com](http://www.mountain-forecast.com), and if there is any major change in weather our local team from Ladakh informs us by sending a special team or person.

# ABOUT KAHLUR ADVENTURES

Namaste from India. India is an adventure at every step. The diverse culture, the varied topography of the Himalayas, Gangetic plains, rivers and ocean, deserts hills, and forests all combine to offer unlimited adventure possibilities. Welcome to India with "Kahlur Adventures". Kahlur Adventures is an adventure travel community in India. We specialize in Incredible India tours with unique experimentation tours, and logistic support for Mountain climbing expeditions in the Indian Himalayas as well as other parts of the world. Kahlur explored new routes, and places, experimenting with variations in Indian travels. Kahlur Adventures is committed to providing the best and beyond possible services for our clients in a culturally enriching and safe environment. With local knowledge and international travel connection, we provide a high-quality range in our Itineraries and operations. We have young and trained staff to provide the ultimate and truly authentic 'Incredible India' experience.

## THE MOUNTAINS OF INDIA

"Mountains are not stadiums where I satisfy my ambition to achieve, they are the cathedrals where I practice my religion." **Anatoli Boukreev**



### Climb Above 5000M

Moderate peaks for climbing  
in India



### Climb Above 6000M

Semi technical peaks for  
climbing in India



### Climb Above 7000M

The fully technical peaks for  
climbing in India

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# ABOUT KAHLUR REGISTRATION AND PARTNERSHIP



**SEVEN  
SUMMIT  
TREKS**



**INDIAN  
MOUNTAINEERING  
FOUNDATION**

APEX NATIONAL BODY



ADVENTURE TOUR OPERATORS  
ASSOCIATION OF INDIA



**पर्यटन मंत्रालय  
MINISTRY OF  
TOURISM**

**NAMAS  
ADVENTURE**

**अतुल्य! भारत  
Incredible! India**

**nidhi<sup>+</sup>**

National Integrated Database  
of Hospitality Industry



**MSME**

सूक्ष्म, लघु एवं मध्यम उद्यम  
MICRO, SMALL & MEDIUM ENTERPRISES







**KAHLUR**  
ADVENTURES

THE MOUNTAINS OF INDIA  
5000M 6000M 7000M

*Thank You*

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ADVENTURE TRAVELS COMMUNITY

[www.kahluradventures.com](http://www.kahluradventures.com)